



2018 WINTER PARKOUR CLASS SCHEDULE January 8 – March 17, 2018

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NINJA TRAINING (Ages 5 & 6)		Ninja Training 4:30-5:15 Ninja Training 5:15-6:00	Ninja Training 3:30-4:15	Ninja Training 3:30-4:15	Ninja Training 3:30-4:15	Ninja Training 9:30-10:15
(BJ) BEGINNER Parkour (Ages 7-11) (BT) BEGINNER TEEN Parkour (Ages 12-17)	(BJ) Parkour 3:30-4:30 (BJ) Parkour 4:30-5:30 (BT) Parkour 5:30-6:30	(PG) Parkour GIRLS ONLY (Age 7-12) 3:30-4:30 (BJ) Parkour 3:30-4:30 (BJ) Parkour 4:30-5:30 (BT) Parkour 5:30-6:30	(BJ) Parkour 4:30-5:30 (BJ) Parkour 5:30-6:30	(BJ) Parkour 4:30-5:30 (BT) Parkour 5:30-6:30	(BJ) Parkour 4:00-5:00 (BJ) Parkour 5:00-6:00	(BJ) Parkour 10:30-11:30 (BJ) Parkour 11:30-12:30
(Int) INTERMEDIATE Parkour (*Skill requirement but no age requirement) (AI) Adv Int (*Skill requirement but no age requirement)	(Int) Parkour 6:30-7:30	(Int) Parkour 6:30-7:30	(Int) Parkour 5:30 – 6:30	(Int) Parkour 7:45-8:45	NEW AIRTIME Drop-In Hours ALL LEVELS Ages 10-15 6:00 - 7:30PM Ages 13 - Adult 7:30 - 9:30PM	
(A) ADVANCED Parkour-Tricking (*by testing only)		STUNT CLASS 6:00 - 7:00 (see video on website)	"Ambition" Team 6:30-7:45 By invitation			
ADULT (Ages 18+)		Instructional Adult Parkour 7:15-8:30 (Requires Punch Pass Purchase)				

ninja training parties available!

Ninja & Parkour Parties can be booked for **Saturdays ONLY**
 To see availability and to book your birthday party online,
 go to www.kelownagymnastix.ca/fun-tastic-birthday-parties

CLASS TUITION
 45 min = \$212.50/session or \$85 x 2.5 mo.
 60 min = \$247.50/session or \$99 x 2.5 mo.
 75 min = \$275.00/session or \$110 x 2.5 mo.
 20% discount: 2+ classes (discount off lower tuition) or
 20% discount: 2+ siblings (discount off lower tuition)

REGISTER ONLINE at www.kelownagymnastix.ca

\$22.30 annual GYM BC Membership and \$15 annual Kelowna Gymnastix Registration fee is required for all participants. Tuition paid by e-cheque or credit card information on file each month or up front for the full session. Full session commitment required. **Note:** Tuition fees do not include taxes.

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