



2017 FALL PARKOUR CLASS SCHEDULE

Sept 5 - Dec 22, 2017

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NINJA TRAINING (Ages 5 & 6 year olds)		Ninja Training 3:30-4:15	Ninja Training 3:30-4:15	Ninja Training 4:30-5:15 Ninja Training 5:15-6:00	Ninja Training 3:30-4:15	Ninja Training 9:30-10:15
(BJ) BEGINNER Parkour (Ages 7-11) (BT) BEGINNER TEEN Parkour Ages 12-18	(BJ) Parkour 3:30-4:30 (BJ) Parkour 4:30-5:30 (BT) Parkour 5:30-6:30	(BJ) Parkour 4:30-5:30 (BT) Parkour 5:30-6:30	(BJ) Parkour 4:30-5:30	(PG) Parkour GIRLS ONLY 3:30-4:30 Ages (7-12)	(BJ) Parkour 4:00-5:00 (BJ) Parkour 5:00-6:00	(BJ) Parkour 10:30-11:30 (BJ) Parkour 11:30-12:30
(Int) INTERMEDIATE Parkour (*Skill requirement but no age requirement) (AI) Adv Int (*Skill requirement but no age requirement)	(Int) Parkour 6:30 - 7:30	(Int) Parkour 6:30-7:30	(Int) Parkour 5:30-6:30		NEW AIRTIME Drop-In Hours ALL LEVELS Ages 9-12 6:00 - 7:30PM Ages 13 - Adult 7:30 - 9:30PM	(AI) Parkour 3:00-4:15
(A) ADVANCED Parkour-Tricking (*by testing only)			"Ambition" Team 6:30 - 7:45 By invitation	STUNT CLASS 6:00 - 7:00 (see video on website)		
ADULT (Ages 17+)				Adult Parkour 7:15-8:30		

ninja training parties available!

Ninja & Parkour Parties can be booked for **Sundays ONLY**

To see availability and to book your birthday party online, go to www.kelownagymnastix.ca/fun-tastic-birthday-parties

CLASS TUITION

45 min = \$340 session or \$85 x 4
60 min = \$396 session or \$99 x 4
75 min = \$440 session or \$110 x 4

20% discount: 2+ classes (discount off lower tuition) or
20% discount: 2+ siblings (discount off lower tuition)

REGISTER ONLINE at www.kelownagymnastix.ca

\$22.30 annual GYM BC Membership and \$15 annual Kelowna Gymnastix Registration fee is required for all participants. Tuition paid by e-cheque or credit card information on file each month or up front for the full session. Full session commitment required. **Note:** Tuition fees do not include taxes.

#225 - 1891 Springfield Road, Kelowna BC V1Y 5V5 Phone 778-484-7570